



## KIT LIST

This Kit List is to help you pack and make the most of your Kilbroney experience.

Please bring plenty of old clothes that you don't mind getting wet and maybe muddy (at least one set per day of your visit)

### General Clothing

- Sleeping Bag (please note that bedding is available on request - advanced notice required)
- Sweatshirts / hoodies
- Casual trousers / jeans
- T-shirts & shorts
- Socks & underwear
- Suitable nightwear
- Indoor shoes / trainers

### Outdoor Clothing

- Fleece / warm sweatshirts
- Waterproof jacket
- Old trousers / tracksuit bottoms
- Old trainers that may get wet
- Hat & gloves (winter)

### Other essentials

- 2 towels
- Swim kit (there is a beach near by)
- Wash kit, including shampoo, toothpaste etc
- Flask (unbreakable) or drinks bottle (named)
- Small rucksack

### Optional

- Change for games machine (20p & 50p)
- Sunglasses
- Midge repellent
- Sun cream
- Sun hat
- Torch
- Inexpensive / disposable camera (named)
- Bin bag for taking muddy clothes home

All specialist equipment for activities, including helmets and harnesses will be provided.



### What not to bring:

Expensive cameras, stereos, cd players, mobile phones, ipods, laptops and ipads etc.

### Tuck Shop

The Centre has a shop which sells sweets and some Kilbroney merchandise, including t-shirts (from £8) and hoodies (from £14)

### 3 Packing Tips

1. Make sure your belongings are clearly named where possible.
2. Tick the items off as you pack them, and bring this list with you so you have a record of what you brought. This will help you pack again for returning home.
3. Don't get someone to pack your bag for you – make sure you lend a hand so you know what you have with you!

### Lost Property

Please try to ensure all your clothes and possessions are clearly named. If you get home and discover you have left something behind then please call the Centre on the number shown below and we will try to find the missing articles.